



# November 2024 Newsletter

**Dear Members, welcome to our October Newsletter which is your guide to our group activities and events.**

Gerry has prepared a poster on page three which details the arrangements made for our Christmas Social at the 'Lee Bay Hotel', Dhekalia Road on Friday 13<sup>th</sup> December. Please contact Gerry if you have any **worthwhile** contributions to the raffle .

As of previous years we are providing an opportunity for U3A members and their guests to share a traditional Christmas Lunch. This, as an occasion, is additional to the evening Christmas Social at the LeBay, and although open to all, will suit those members not wishing to travel to a venue at nighttime.

In this respect Jacky has organised for a traditional Christmas Buffet Lunch(**Turkey with all of the trimmings**) to be partaken at the Lithos Bar & Grille, Orokilini. on the 21st November 2024 meeting at 12.30 for 1pm.

The price agreed is €30 + any drinks at menu prices. Please advise Jacky by return [REDACTED] **if you would like to be included . We have to supply the Lithos with numbers by the 16th November latest**

The delay of this Newsletter was due to the U3A AGM having been held on the 1<sup>st</sup> November at 'RESTOLAKE' and the chance to bring you fully up to date with any outcomes / decisions made.

## Committee Members As Voted 1st november 2024

Keith Swales

**Note Positions and Roles To Be Decided On 14th November**

Jacky Durant

Jerry Harrison

David Barraclough

Geoff Penn

Days When Groups Normally Meet			
Check Newsletter For Actual Dates of Groups			
	Morning	Afternoon	Evening
Monday	Beginners Bridge Sounds Like The <u>70s</u>	Scrabble <u>Pilates</u>	5:30 <u>pm</u> Bridge Held at The Ballroom Larnaca
Tuesday	Brunch Bunch  Art Group Painting/Sketching Tuesday <u>10am weekly</u>	2:30 <u>pm</u> Bridge Held at The Ballroom Larnaca	Ancient Civilisations Group 2
Wednesday	<u>Pilates</u>  Computer Skills Backgammon USA Fun Quiz	Yoga	
Thursday	Writing Group	West End & Broadway Group Film Group French Conversation	
Friday	Book Group	Craft Group <u>Genealogy</u>	
No Set Day	Charity Events Exploring Cyprus	Greek Conversation Lunch & Dinner Club	

## ANCIENT CIVILISATIONS CATHERINE YATES



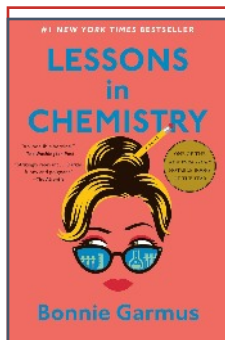
Catherine will be resuming 'The History of Ancient Egypt' on the 19<sup>th</sup> November at the usual time of 6:0 pm and she will contact all regular participants nearer to that date. Spaces are limited, so for those members, not previously registered with Catherine, but wishing to attend in the future, please email Catherine.

## BACKGAMMON SERGE



Our Backgammon sessions are now held on a Wednesday morning at Restolake from 10 am to around noon. All prospective players are welcome to come along to learn and or play this fascinating game of strategy. So whether you are a seasoned player or a complete novice contact Serge above if you would like to join in

## BOOK GROUP -Margaret Gross



The Book Group will be meeting on Friday Nov 8th at Restolake to review Lessons in Chemistry by Bonnie Garmus which was chosen and is to be reviewed by Joy.

The central character is Elizabeth Zott: "a gifted self assured research chemist, but immune to social convention. Set in the early 1960s and her all-male team at Hastings Research Institute takes a very unscientific view of equality. Except for one: Calvin Evans; the lonely, brilliant, Nobel-prize nominated grudge-holder.

New members are always welcome at Restolake 2nd Friday of the month at 10am for 10.30

## BRIDGE ERRIKOS LEONIDOU



1. Club Bridge is on Mondays at 6 pm and Tuesdays at 2.30 pm. 2. Teaching bridge is on Tuesdays at 6 pm.

All U3A members are welcome .at the Gorgona restaurant on Mackenzie beach.

## Bridge For Beginners Carol Anderson



Bridge lessons continue on the 4th, 18th and 25th of November at 10am venue Restolake. Generally these sessions are for beginners although more advanced students are welcome to join in, but please let Carol know so that she can prepare the lessons in advance



*The U3A*

# *Xmas Social*

*LeBay Hotel, Larnaca*

*Friday 13th December*

*6.30pm for 7.00pm*

*Singing, Dancing & Music provided by*

*Greg Orton*

*€40 per person (guests €45)*

*Buffet, plus local beers/wine/soft drinks and water*

*(please feel free to bring your own spirits!)*

**Tickets: call Gerry on 99908999,  
or from a Committee Member**

**POSH FROCKS AND SMART CASUAL WOULD BE NICE PLEASE**



## BRUNCH BUNCH PAT BEAVER [REDACTED]



Our Tuesday get-together's remain an important feature of U3A social interaction and is often the first port of call for new members seeking introductions to both U3A groups and the people involved in running these activities.

All U3A members are invited to come and join us at 10 am for a hearty reasonably priced breakfast or just a coffee if you would prefer

Next Meetings will be held on Tuesday 5<sup>th</sup> November.

## FRENCH CONVERSATION BARBARA TURNBULL [REDACTED]



French language get-togethers will take place in November on Thursday, 14 November and Thursday 28 November at 15.00 at Caffe Nero, MacKenzie beach area. Participants with a limited knowledge of French as well as those more fluent are welcome to attend our friendly sessions.

## GREEK CONVERSATION vathola Klumbies [REDACTED]



Greek Conversation resumes in November. We will be meeting fortnightly at Cafe Nero, MacKenzie, starting on Friday, November 8th, at 3.00 p.m. The 2nd session will be on 22nd November. It should be noted that this group is a conversation group for participants with a knowledge of Greek and is not suitable for members wishing to learn the language from scratch.

## GENEALOGY /SOCIAL HISTOR GEOFF PENN [REDACTED]

Currently all of our members have reached the limit of their explorations. So It is with much regret that we have placed our group into a state of hibernation until greater site wide interest is shown. It is a shame that with such expert knowledge of 'Family Tree' construction available in house, that our offer to provide a Genealogical help service for our U3A colleagues has remained unanswered.

## LUNCH & DINNER CLUB JACKY DURRANT [REDACTED]



Jacky has organised for a traditional Christmas Buffet Lunch (Turkey with all of the trimmings') to be partaken at the Lithos Bar & Grille, Orokilini. on the 21st November 2024 meeting at 12.30 for 1pm.

The price agreed is €30 + any drinks at menu prices. Please advise Jacky by return [jackyd@cytanet.com.cy](mailto:jackyd@cytanet.com.cy) if you would like to be included . We have to supply the Lithos with numbers by the 16th November latest

## The INSPIRATIONS WRITING GROUP



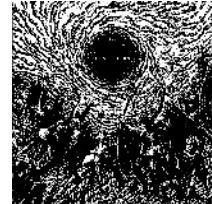
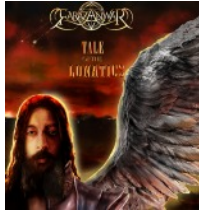
Unfortunately, and certainly for the time being, Joy is unable to continue as leader of this interesting group. However this does not mean that the group should fold and in this respect I propose holding a meeting at my home in Oroklini for all past and present members on Friday 15<sup>th</sup> November .at 3pm to discuss a positive way forward.

Please contact me as above to register your interest.

## SOUNDS LIKE THE SEVENTIES GEOFF PENN

If you like progressive rock music from the seventies and are interested in discovering underground bands from that period and indeed modern bands following the same artistic principles you might like to consider joining this friendly group.

A meeting in November is currently being planned. - Contact Geoff as above for details.



## SCRABBLE TRICIA COOPER



Scrabble, is a fascinating board-and-tile game in which two to four players compete in forming words with lettered tiles on a 225-square board; words spelled out by letters on the tiles interlock like words in a crossword puzzle. Players draw seven tiles from a pool at the start and replenish their supply after each turn.

As you can see from the photo we have a Scrabble group who currently play this fascinating word game on a Monday afternoon at 2pm, Meeting at peoples homes in and around the Larnaca / Oroklini area.

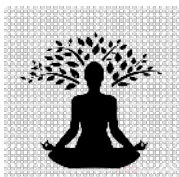
Overtime and due to people moving back to the UK etc our numbers have diminished and so we welcome new players including complete beginners, contact Tricia as above for further details.

## PAINTING GROUP LIZ NAEPLIN



This productive group meet on a weekly basis alternating between painting indoors and if the weather permits, getting out and about to sketch and draw what takes our fancy. Our emphasis this past month has been investigating the rudiments of painting with water colours. Generally, we experiment with a vast array of artistic materials and painting techniques this active group is both interesting and fun. Currently the class is full to capacity but potentially new members can register their interest with Liz for future inclusion. **We will be meeting on Tuesday 5<sup>th</sup> November.**

## PILATES & YOGA GILLIAN ARMSTRONG



Gillian undertakes both 'Pilate's (Monday at 2pm ) and Yoga (Tuesday at 10am) You will need to book in advance (as above), Both classes are held in her air conditioned studio which is located nearby to 'Stelios Supermarket 'in Levadia. For both classes you will need to bring a towel.



The "THE JAZZ SINGER", featuring Neil Diamond, is the next production to be screened by Judith, This will take place on Thursday Nov 28th at 2.00 at her home.

The Jazz Singer is a 1980 American musical drama which tells the story of a young singer who is torn between tradition and pursuing his dreams as a pop singer.

Please contact Judith if you are attending so that she can organise seating arrangements.

**QUIZ** GEOFF PENN

**NOTE// APOLOGIES BUT DUE TO ME BOOKING A LAST MOMENT HOLIDAY BREAK, I NEED TO MOVE THE QUIZ TO December**

So Come and join us for our Christmas fun quiz on **Wednesday 11<sup>th</sup> December** If you would like to attend but do not have a team that you can join in as a floating player, within a team that is currently short of layers.

The venue is Restolake in Oroklini arriving at at 10am for a 10|30 kick off . Thus giving you time to purchase a drink from the counter as we do not pay for the room. All mobile phone to be switched off and kept away from the table top.

U3A 2024 Fun Quiz

Team	Wk 1	Wk 2	Wk 3	Wk4	Wk5	Wk6	Wk 7	Wk 8	Wk 9	Wk 10	Wk 11	Wk 12	Running Total	Current Position
Jerms	28	28	20	25	26	21	26	0					174	2
Jammy Dodgers	25	29	26	0	24	20	22	22					168	3
Secret Squirrels	22	0	0	0	0	0	0	17					39	9
Busy Bees	27	27	25	21	32	26	25	25					208	1
Bee Gee's	29	28	22	24	19	18	0	0					140	5
United Nations	24	0	21	26	30	23	23	0					147	4
Anna & Co	22	25	0	24	27	21	0	19					138	6
Us & Them	0	22	16	19	0	18	18	0					93	7
Rexless	0	0	14	14	0	0	0	0					28	8